

DAY 3

Corner A ONCOLOGY

- State Of Art Of Vulval Carcinoma
- Management Of Vulval Dyplasia
- Tumor marker in Ovarian Malignancy
- State Of Art Cervical Cancer Treatment
- Endometrial Carcinoma
- Palliative Care In Gynaecology- Specifically In Pain Management
- Management Of Brain Metastases In Gynecology Oncology

Corner B HEMORRHAGE IN PREGNANCY/PUERPERIUM

- Abruptio placenta- updates in treatment
- PPH-mama ball and binder
- PPH workshop

Corner C BABY MASSAGE PHYSIOTHERAPY

- Demonstration of Pelvic floor muscle exercise



Dr(Med) Bernhard Uhl
President



Dr(Med) Abha Shrestha
Associate professor
Vice President

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Organizing Secretary : Dr Abha Shrestha
Organizing Co Secretary : Dr Suresh Kayastha

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GERMAN NEPAL
Society of Obstetrics and Gynecology

German Nepal
Society of Obstetrics and Gynecology
(G-NESOG)

First International Congress

10-12 October 2017

Department of Obstetrics and Gynecology
Dhulikhel Hospital
Kathmandu University Hospital
Kavre, Nepal



FOREWORD

It gives me immense pleasure to welcome all in this '1st International Congress of G-NESOG'. Women's health has been an integral part of the health efforts of Kathmandu University through its School of Medical Sciences. Nepal has made an unprecedented achievement in recent times in maternal health. There is no doubt that an important factor for that success is the creation of academic opportunities in the field of obstetrics, gynecology, midwifery, nursing, public health and other related disciplines. Although we have reason to be proud of our success, it is not a time to be complacent. We have in front of us the Herculean task of not just establishing centers and programs of excellence dedicated for advanced care on women's health, but also ensuring that the reach of the services go far beyond cities and selected few. Let our motto be 'Reaching to the unreached'. While we aim for recent advances, let us not forget the paradigm of implementation. The real worth of skills is determined by our ability to put them to use. The true measure of our knowledge is how many lives we manage to touch and change. That requires a more interdisciplinary and collaborative mindset. Let us all join hands to explore new horizons, accept fresh challenges, dream different, and rise above the convention. We will be the ones to create models of success and someday make a mark not just in local or national level but also in the arena of Global Health.

Prof. Dr. Ram Kantha Makaju Shrestha
Vice Chancellor
Kathmandu University

Pre Congress (7th October,2017)

Cervical Cancer Prevention: Basics to recent Updates

- Anatomy and Physiology of Cervix
- Epidemiology and Natural History of Carcinoma Cervix
- HPV- Natural History of HPV infection, HPV vaccination
- Choosing a Cervical Screening method

-By Dr Sunila Shakya MD, PhD (Norway)

DAY 1

Corner A

HIGH RISK PREGNANCY

- Conservative Management and Delivery Of Breech Presentation -
- HELLP – When Where And How To Transport Pregnant Women With Hypertension –
- Gestational Diabetes Mellitus
- Physiotherapy in Women's Health in Nepal

Corner B

MINIMAL ACCESS SURGEY AND LIVE DEMONSTRATION

- Laparoscopy In Oncosurgery
- Pattern Of Hysterectomy At Dhulikhel Hospital- Review Of 2012 To 2016
- Role Laparoscopy In Advanced Gynaecological Malignancy
- Management Of Complication In Laparoscopic Surgery
- How To Deal With Fibroid
- Live demostation:- Basics Of Hysteroscopy

Corner C

MODALITIES OF DIAGNOSIS IN OBSTETRICS AND GYNECOLOGY

- Ultrasound For uro urogynaecologist
- 1st trimester scan
- Anomaly scan



DAY 2

Corner A

UROGYNAECOLOGY AND LIVE DEMONSTRATION

- Stress urinary incontinence
- Recent Advances In Pelvic Organ Prolapse
- Conservative Treatment Of Stress Urinary Incontinence
- POP: Effect of Physiotherapy
- Physiotherapy in Women's Health: Effect of exercise in Urinary Incontinence

Corner B

HIGH RISK PREGNANCY

- Intrauterine growth restriction
- Role of EMT in emergency transport-
- Preterm stabilization and transport
- WHO verbally autopsy and setting up of perinatal review committee

Corner C

MID WIFERY

- Developing midwifery curriculum in Nepal
- Learning together to work together for reaching SDG 3 – SBIL for womens health in Nepal.
- Delayed cord clamping
- Role of midwives in health care infrastructure in Nepal-by
- How to transport patient from remote area (transport ,communication and check list)